

For Therapists/Prospective Therapists visiting site

Why do CPTF?

Why would you want to become a Certified Parts Therapy Facilitator (CPTF)?

A CPTF utilizes sophisticated techniques, including all aspects of symptomatic applications in hypnosis, to aid a client in the resolution of internal conflicts and effect subconscious relearning. A CPTF has gone through comprehensive training in order to be qualified and recognized internationally (Charles Tebbetts Foundation/USA) in Parts Therapy and symptomatic approaches, which are highly effective unless there is a strong opposing underlying “subconscious program”, for which a Certified non medical Hypnotherapist will be required. While Parts Therapy and symptomatic approaches are very successful in most instances, they also allow a facilitator to work within their comfort zone without having to delve into hypno-analytical techniques. However, once the facilitator feels confident to take on further advanced approaches and wants to become a Certified non medical Hypnotherapist, there are further courses required to learn the highly developed skills and techniques to successfully facilitate analytical and regression to source therapy.

Why do CHT?

Why would you want to become a Certified Hypnotherapist (non medical)?

As a Certified Hypnotherapist (non medical) you are also competently trained to let your client uncover the root of their presenting issue. Once the client has reached more clarity with regards to the source or cause of the issue, the CHT then facilitates release and subconscious relearning. This is a well-organized and logically constructed process which is both subtle and intricate and completely client centred. To develop these skills further, advanced training and practice in class and with volunteers will instill confidence and competence. This level of facilitation is for many the natural follow-up from the qualification as a CPTF, as it is the most effective form of facilitated client-centered self help, with results that are truly amazing, not just for the client, but also for the facilitator utilizing these techniques.